

**Patient Intake Form**

Date: \_\_\_\_\_

**Personal Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Gender: M / F

City: \_\_\_\_\_ State: \_\_\_\_\_ Post code: \_\_\_\_\_

Mobile number: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation/s duties: \_\_\_\_\_

Were you referred if so who by? \_\_\_\_\_

Health fund: \_\_\_\_\_

Emergency contact:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Number: \_\_\_\_\_

**Lifestyle**

Do you do any recreational Sports/Activities/Exercise? If so how often: \_\_\_\_\_

What is your dominant hand?..... RIGHT / LEFT

Do you wear Orthotics?..... YES / NO

**Medical and Health Information**

Allergies? (reactions): \_\_\_\_\_

Are you or could you be pregnant: YES / NO - Due date: \_\_\_\_\_

Please note massage is recommended against if you are in the first trimester.

Are you currently on any prescribed / non-prescribed medications or Supplements? YES / NO

Will you have any issue with laying on your side, back or front for the duration of the massage?